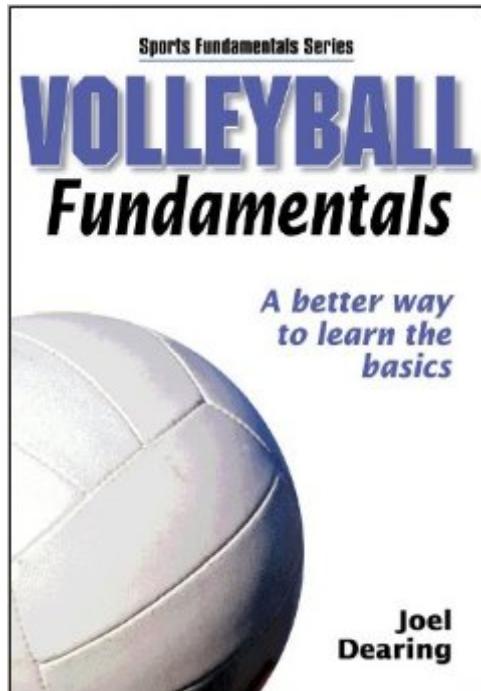


The book was found

Volleyball Fundamentals (Sports Fundamentals)



Synopsis

Learning to play volleyball has never been more effectiveâ "or more funâ "than with *Volleyball Fundamentals*. Students will enjoy using this resource because they will learn by doing, spending less time reading and more time engaged in playing the game. With simple instructions and accompanying photographs you'll find it easy to teach them to play volleyball quickly and simply. *Volleyball Fundamentals* begins by teaching formations and rotations so that students get an immediate sense of where they belong on the court. Chapters are devoted to mastering specific skills such as serving, receiving, setting, attacking, blocking, and digging. Sections on offensive and defensive tactics, scoring systems, rules, rotations, and on-court communication make the game as easy for you to teach as it is for your students to learn. Each chapter addresses a specific skill, leading the student through a simple, four-step sequence:Â You Can Do It: The skill is introduced with sequential instructions and accompanying photographs.Â More to Choose and Use: Variations and extensions of the primary skill are covered.Â Take It to the Court: Readers learn how to apply the skill in competition.Â Give It a Go: These provide several direct experiencesâ "such as drills, small-sided games, and self-testsâ "for gauging, developing, and honing the skill. Writer Joel Dearing is a veteran instructor and coach with extensive knowledge of volleyball. Dearing knows how to communicate clearly and succinctly, making reading and applying the content to the court enjoyable for students of all ages. As part of the Sports Fundamentals Series, *Volleyball Fundamentals* will help you teach and your students learn the basic skills and tactics of the game so that they can compete on the court in no time at all.v

Book Information

Series: Sports Fundamentals

Paperback: 152 pages

Publisher: Human Kinetics; 1 edition (June 17, 2003)

Language: English

ISBN-10: 0736045082

ISBN-13: 978-0736045087

Product Dimensions: 7 x 0.4 x 10.1 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 starsÂ See all reviewsÂ (11 customer reviews)

Best Sellers Rank: #148,989 in Books (See Top 100 in Books) #10 inÂ Books > Sports & Outdoors > Other Team Sports > Volleyball #102 inÂ Books > Medical Books > Medicine > Sports Medicine

Customer Reviews

Simple and understandable book. Dont expect much but the name of the book is a hit. You can understand fundamentals and get theoretic base for this game. It is what you really need if you have not read anything about volleyball and need something to start with. Book is good if you have never played volleyball or if you have never had coach or never have read anything about volleyball. So, I was fed up with playing volleyball in DIY way and decide to get some theoretic base. This book was exactly what I needed.

- Volleyball fundamentals book with easy to read chapters, diagrams, rules, practice ideas (lots of drills and modified games)- Perfect for someone who wants to start coaching the game of Volleyball and doesn't have a strong background in the sport- An easy read, and a great price for all the info included here.- delivered quickly with Prime.

This book is the standard for any serious volleyball player. My daughter had the honor to play for Coach Dearing at Springfield College for four years. He took her from being an average middle to a full fledged All-American. What more can be said. He has coached both men's and women's teams at Springfield and sets a standard that can't be compared. Check out his other book - The Untold Story of William G. Morgan, Inventor of Volleyball. Go Pride!

Good book for what it is. This does cover the fundamentals of volleyball. It includes the different offense, defense, and history of the game. I have enjoyed this book and recommend it to anybody who wants to get into volleyball.

This is a good "starting" coaches book for the grade school level. There are NO advanced strategies here. But if you are a new coach, it is a good book to learn the basics.

A good book to learn the basics of volleyball. Useful pictures on formation, strategy, and drills.

[Download to continue reading...](#)

Volleyball: A Beginner's Guide To Volleyball: Get Started Playing And Winning At Volleyball! (Sports For You Series Book 7) Volleyball Fundamentals (Sports Fundamentals) 101+ Volleyball Tips: How to Get Recruited for College Volleyball Sports Betting for Beginners: How To Read The Sports Odds So You Can Turn A Few Dollars Into Big Winnings With Sports Betting! Sports Betting: Tools,

Strategies, and Principles Behind Winning Sport Predictions: Sports Investing and Making Money in NBA, NFL, NCAA, Football and Basketball ... Sports Wagering, NFL Betting, NBA Betting) Sports Illustrated Almanac 2015 (Sports Illustrated Sports Almanac) Olympic Sports - When and How? : History of Olympic Sports Then, Now And Beyond: Olympic Books for Kids (Children's Olympic Sports Books) Coaching Youth Volleyball - 4th Edition (Coaching Youth Sports) The Volleyball Mom's Manual: What SportsMom Thinks You'd Like to Know (SportsMom sports manual) Complete Conditioning for Volleyball (Complete Conditioning for Sports Series) Bowling Fundamentals (Sports Fundamentals) Tennis Fundamentals (Sports Fundamentals) Racquetball Fundamentals (Sports Fundamentals) Gambling Addiction: The Ultimate Guide To Gambling Addiction Recovery: How To Finally Overcome Gambling Addiction And Problem Gambling Forever (Overcome ... Sports Gambling, Fantasy Sports, Poker) You Wanna Bet?: Beginners Guide to Online Sports Betting and Daily Fantasy Sports Sports Betting: The Secret System to Success and Make Money (Win Money Betting System) (Sports Betting, Make Money, Betting Strategy) Why Less Is More for WOSPs (Well-Intentioned, Overinvolved Sports Parents): How to Be the Best Sports Parent You Can Be SNOWBOARDING: A guide book on how to learn the extreme sports winter adventure (snowboarding games, extreme adventure, winter sports) Extreme Sports (Extreme Sports No Limits!) St Mary's BSc Sports Science Bundle: Physiology and Biomechanics: Introduction to Sports Biomechanics: Analysing Human Movement Patterns [Paperback] [2007] (Author) Roger Bartlett

[Dmca](#)